



Community Resources

Emergency Shelters

City Union Mission: 816-474-9380 · cityunionmission.org

- City Union Mission Homeless Hotline: 816-753-4753
 - Women and Family/Youth Services - 1310 Wabash Ave Kansas City, MO 64127
 - Men's Services - 1108 E 10th St. Kansas City, MO 64106
 - Men's Christian Life Center - 111 E 10th St. Kansas City, MO 64106
 - Community Assistance Center - 1700 E 8th St. Kansas City, MO 64106

Forest Avenue Family Shelter: 816-753-4753

KC Rescue Mission: 816-421-7643

- Men Seeking Overnight Shelter:
 1. Come to Shelter KC at 1520 Cherry St. You'll see a gated entrance, ramp and sign that says "Client Entrance." You can inquire about shelter at anytime.
 2. A sign-up and check-in process each afternoon at 3pm. Operating at capacity most evenings, Shelter KC will ensure first-time guests are given a bed, if they are able to sign up at this time. Unless previous arrangements have been made, no guests may check in after 7pm.
 3. Guests are provided a meal, bed and shower for the night.
 4. In order to stay with us, guests must pass a breathalyzer test. For the safety of guests, volunteers and staff, guests must be willing to receive a pat-down for weapons or contraband, and they must agree to follow a strict code of conduct.
 5. At any time, you can request to meet with a case manager who can assist you in getting help. On Fridays, our clothing closet opens up and other services like haircuts, medical and dental exams are offered on occasion.
 6. By 6 a.m., all of our guests must vacate the bunk room so we can clean, launder and prepare for the following evening.

- Men Seeking Recovery
- Women's Center - 816-348-3287
- Homeless Families - 816-474-4599

Metropolitan Lutheran: 816-931-0027

- Central Food Pantry - 3031 Holmes St. Kansas City, MO 64109
 - Monday - Friday 8:30am - 11:00am
 - First 30 Served
 - Guests allowed to participate once a month
 - Jackson County Residents from zip codes: 64081-64114 or 64127-64132
 - First time guests must provide proof of eligibility
- Produce distributed on the 2nd Saturdays January - November, 9:30am - 11:00am. Open to the public, numbers distributed at 7:00am, one number per household.
- MLM distributes fresh fruits and vegetables, 9:30 a.m. every 2nd Saturday, January – November at 3031 Holmes St, Kansas City, MO 64109. For more information call 816.931.0027.
- MLM distributes monthly food packages that provide a good source of nutrients typically lacking in diets of the target population. Applicants must be 60 years or older. For more information call 816.931.0027
- MLM offers a free hot breakfast open to all every Saturday year-round from 7:30 to 9:00 am at two different locations: St. Luke's Lutheran Church in KCK and True Light Family Resource Center in KCMO. For more information, call 816.931.0027

Wilhelmina Gill Multi-Service Center: 913-621-4690

- Hours of Operation: Monday - Friday 9:00am - 5:00pm
- Key Services:
 - Free Lunch provided by Hot Lunch Services, Inc. 7 days a week, 365 days a year, 11:00am - 12:30pm
 - Crisis Intervention
 - Telephones - Voice Mail Service - Document Faxing
 - Mail Pick-Up Service
 - Stop Gap Food Pantry
 - Personal Hygiene Kits
 - New & Used Clothing
 - Information & Referrals

ReStart: 816-472-5664

- Youth Services: 816-472-5664 ext. 238
- Hotline: 816-309-9048

Salvation Army

- Independence: 816-252-3200
- Kansas City: 816-241-6485
- Kansas City - Children's Shelter: 816-285-2480

Alcohol, Drug & Mental Illness Recovery

ReDiscover: rediscovermh.org

- 27/7 Crisis Line: 1-888-279-8188
- Behavioral Health: 816-966-0900
- Opioid Treatment: 816-965-1151

First Call KC: firstcallkc.org

- 24/7/ Crisis Line: 816-361-5900

Safe Passage: 816-969-7390 • E: LSPDCIO@cityofls.net

Heartland Center: 816-421-6670

1730 Prospect Ave. Kansas City, MO 64127

- Medically Monitored Inpatient Detoxification, Substance Use Disorder Treatment, Court Services, Community Reentry
- Substance Abuse Traffic Offender Program (SATOP), Comprehensive Substance Abuse Treatment and Rehab, Disease Management Services, Medication-Assisted Treatment Services

Midwest ADP: 816-836-2220

3923 South Lynn Ct. Independence, MO 64055

Comprehensive Mental Health Services: 816-254-3652
17844 East 23rd St. Independence, MO 64057

Kansas City Area Central Office: 816-471-7229

- AA groups and support
- Phone answered 24hours a day

NA Meetings in Independence, MO

- Christ United Methodist Church
 - 14506 E 39th St S. Independence, MO 64055
 - Tuesday - 8:00pm
- First Baptist Church
 - 500 West Truman Rd. Independence, MO 64050
 - Tuesday, Thursday, and Friday - 8:00pm
- Truman Forest Professional Building
 - 1515 South Truman Rd. Suite 602 Independence, MO 64052
 - Saturday - 8:00pm

Al-Anon Meetings in Independence, MO

- New Hope - AFG
 - 400 West Maple Independence, MO
 - Monday - 7:00pm
- Living Free - AFG
 - 2530 S Chrysler Independence, MO
 - Wednesday - 6:00pm

Other Resources

Community Service League: 816-254-4100 • clscares.org

- Rent & Utility assistance, budget & housing counseling, food pantry

Assistance League of Kansas City: 816-453-6011 • alkc.org

- Rent & Utility assistance, budget & housing counseling, food pantry

Budget & Financial Management Assistance: 816-474-2972
bfmakc.org

- Budgeting, bill payment plans, advocacy, rent rebate applications

Kansas City's Medicine Cabinet: 816-276-7517 ·
kcmedicinecabinet.org

- Short-term financial assistance for emergency medical needs

United Way 2-1-1 of Greater Kansas City: 211 ·
uwgkc.bowmansystems.com

- Information and referrals, all services

Permanent Supportive Housing

Kim Wilson Housing: 913-233-3356

MLM: 816-931-0027

Pregnancy Assistance & Shelters

Rachel House: 816-224-5433

Mother's Refuge: 816-356-4797

Pregnancy Assistance & Shelters

Community Action Agency of Greater KC: 816-459-9615
6323 Manchester Ave. Kansas City, MO 64133

- Office Hours: 8:00-6:00, Monday - Thursday

Hillcrest Transitional Housing - Independence: 816-461-0468
401 N Spring St. Independence, MO 64051

Community Services League: 816-254-4100
404 N. Noland Rd. Independence, MO 64050

Veterans of Foreign Wars Foundation: 816-756-3390
406 W 34th St. Kansas City, MO 64111

Redemptorist Social Services Center Inc. : 816-931-9942
207 W. Linwood Blvd. Kansas City, MO 64111

Metro Lutheran Ministry: 816-931-0027
3031 Holmes St. Kansas City, MO 64109

Seton Center: 816-231-3955 · 816-581-4701
2816 E 23rd St. Kansas City, MO 64127

Food Pantries & Assistance

****Please call the organizations to confirm the information below as locations, dates and times may change****

Community Service League Locations: 816-912-4495

- Independence (800 South Hardy):
 - Tuesday and Thursday from 11 am to 3 pm
- Independence (14506 East 39th St):
 - Wednesday 9 am - 1 pm
- Blue Springs (200 SW 10th St):
 - Monday & Wednesday 9-noon & 1 pm-4pm
- Buckner (1001 South Sibley Street):
 - Wednesday from 8 am to 12 pm
- Grain Valley (513 Gregg St):
 - Wednesday from 9 am to 4 pm (closed from 12 to 1 pm)

- Oak Grove (1408 SE Austin St):
 - Tuesday and Thursday from 9 am to 4 pm (closed from 12 to 1 pm)
- In addition, Stone Church in Independence (1012 West Lexington Avenue) offers meal pick up Wednesday evenings at 6 pm.

Harvesters Locations: 816-929-3220 or 877-653-9519

- Englewood Assembly of God, Independence:
 - 1st Thursday of the month
- Christ United Methodist Church, Independence:
 - 3rd Thursday of the month
- East Side Baptist Church, Independence:
 - 3rd Saturday of the month
- Cornerstone Church of Blue Springs:
 - 1st Thursday of the month
- Heart of God Fellowship, Buckner:
 - 2nd Monday of the month

Salvation Army - Food Pantry: 816-252-3200

14700 E Truman Rd. Independence, MO 64050

- The Bread Line Hours:
 - Monday - Friday 1:00pm - 3:00pm
 - Nothing is required for you to be able to go through it and you can use it everyday if needed.
- The Food Pantry Hours:
 - Monday, Wednesday and Friday 9:00am - 11:00am and 1:00pm - 3:00pm
 - Requirements: Must have Photo ID and proof of residence like a utility bill every time. Social Security cards and proof of income are also preferred so that way we can have it on file, in case you want to do other programs.

Domestic Violence Shelters

Hope House: 816-461-4673

Friends of Yates: 913-321-0951

Hope Haven: 816-380-4663

New House: 816-471-5800

National Domestic Hotline: 1-800-799-7233